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★ Visitor Booking Form ★ Visitor Booking Form ★



ART OF LIVING

# 'The Art of Living Lifestyle Show'

Glasgow Royal Concert Hall

Wednesday 23rd February 2011

Doors open at 10am

Doors close at 4pm

Last Entry at 3.30pm

This FREE Lifestyle show will offer disabled people, family, carers, supporters and professional staff the opportunity to obtain information and choices on life areas such as meeting and making friends, volunteering, jobs, hobbies and what to do in your spare time, keeping well, housing and much, much more.

With over 50 exhibitors there will be something for everyone! You won't be disappointed!

There will be loads for people to see and do at the Art of Living Lifestyle Show, we will be providing more details as the show approaches.



[www.gscpf.org.uk](http://www.gscpf.org.uk)



## INTERESTED IN VISITING?

The Art of Living Lifestyle Show will be divided into the following Exhibition Zones:

1. Home, Personal space, Environment, Community
2. Citizenship, Purpose, Contribution
3. Assets, Money, Resources, Worth
4. Playtime, Hobbies, Fun
5. Relationships, Sexuality, Equality, Love
6. Health & Care Support
7. Training, Education, Work, Volunteering, Personhood
8. Faith, Spirituality
9. Personalisation & Self Directed Support



Coffee Relaxation Zone with Music



### Book Now

With loads of prizes you can double your chances of winning by completing the booking form.

♥ It's also okay to register at the door on the day!

